

Teenage pregnancy and parenthood newsletter

Edition 2
December 2009

What's coming up?

City:

Speakeasy celebration event

Tuesday 15 December 2009
12 to 2pm
Thoresby Room,
Leeds City Museum

South:

Improving sex and relationship education

Wednesday 9 December 2009
9.30 to 11.30am
Nesfield Family Resource
Centre

Teenage Pregnancy Thematic Group

Tuesday 15 December 2009
12.15 to 2pm
Woodkirk High School

East:

Access to contraception services

Wednesday 16 December 2009
9.30 to 11.30am
John Smeaton Community
College

Improving sex and relationship education

Monday 11 January 2010
2 to 4pm
Learning Partnerships,
Hudson Road

Visit Children Leeds

for further news and updates. If you would like to contribute to the teenage pregnancy and parenthood newsletter, please send your suggestion to:
teenage.pregnancy@leeds.gov.uk

Welcome to the second edition of our newsletter. We have lots of good news to share, but there are two things at the top of my mind.

Last month we successfully agreed £143,000 of expenditure with the Vulnerable Children's Commissioning Group to support local programmes in the east and south of the city. Great work by Jenny Midwinter, locality commissioner for teenage pregnancy and everybody involved in the task and finish groups.

This will mean that the local groups working in the east and the south will be given the resources to support

the programmes they have identified to improve PSHE, aspirations and access to services.

Secondly, the announced inspection of children's service is underway! We have a good story to tell about the work happening right now across the city. This is a great opportunity for us all to share with the inspectors the breadth and variety of services supporting young people in Leeds.



Paul Bollom
Priority outcome commissioner, DCSU

Discussing sex and relationships

This year's Christmas campaign is encouraging parents and carers to talk to their children about sex and relationships.

For more information and useful contact details parents and carers should go to:

www.talktoyourteens.com

In the new year, we are looking to train workers to become accredited Speakeasy facilitators. The training and delivery will target the inner east and south.

A Speakeasy Steering Group has already been set up in the south, with training for facilitators from within the local workforce starting soon.

If you are a frontline worker interested in becoming a facilitator or a manager that thinks Speakeasy might fit into your team's work, contact **Kerry Swift**, teenage pregnancy and parenthood project officer, email:

kerry.swift@educationleeds.co.uk

Kerry is currently chairing this sub-group.

Keep an eye out for...

The teenage pregnancy and parenthood care pathway will soon be available to professionals from the Children Leeds website, go to:

www.leedsinitiative.org/children

For information about the services supporting young people who think that they might be pregnant or are already parents, go to:

www.thefamilyhubleeds.org

Sexual health

Make sure you know the services offering free and confidential sexual health advice and support to young people in Leeds.

Resources

For resources about contraception, the Sex Factor campaign and promoting the www.leedssexualhealth.com website, visit the Public Health Resource Centre at Armley Park Court, phone: **0113 295 3081**

Who to contact for sexual health advice and support

Citywise
0113 295 4820

Include
0113 201 6699

The Market Place
0113 246 1659

Terence Higgins Trust
0113 236 4720

Leedssexualhealth .com

To find out more about the local pharmacy scheme and for a full list of CaSH clinics, go to:
www.leedssexualhealth.com



Please visit

www.thefamilyhubleeds.org
www.leedssexualhealth.com
www.leedsinitiative.org/children
www.fpa.org.uk
www.talktoyourteens.com

Useful documents to read:
Enabling sexual wellbeing policy
Locality Update November 2009

Sexual health team, NHS Leeds

The NHS Leeds sexual health team works around three key targets, these are: Chlamydia screening, GUM access and reducing teenage conceptions. In 2009 the team set out to screen 35,000 15 to 24 year olds for Chlamydia. They won a Public Health Shooting Stars award for their team work and reaching the target last year.

The GUM 48 hour access target is to make sure patients needing a test for a Sexually Transmitted Infection (STI) have fast access to the GUM service. The sexual health team also work on projects and service developments to help reduce unintended teenage conception rates.

The team performance manages the CaSH service, termination of pregnancy services, the Pharmacy Sexual Health Scheme, and GUM. The team train and give them the skills to fit contraception, promote contraception with young people, and deliver dedicated sexual and relationships education sessions in Wetherby Young Offenders. New onsite CaSH clinics have been set up in further

education colleges this year. The C-Card scheme is being developed into a fuller sexual health service with more quality guidelines. The development of current sexual health services is working to make sure access for young people is a priority. The sexual health team aim to have the main sexual health services 'You're Welcome' accredited by April 2010.

The team has been working to improve knowledge of sexual health services and have been widely advertising leedssexualhealth.com to professionals and young people. The website will have information on access to sexual health provision over the Christmas period, and details of the 'Sex Factor' campaign which is running in the build-up to Christmas.

The campaign aims to make young people aware of contraception, emergency contraception, condoms, and long acting reversible contraception (LARC) methods. Social networking sites, such as Facebook and Twitter will advertise the campaign and interactive sessions will be held in further education colleges across Leeds.

Locality update

The raising aspirations groups in the east and south of the city, have identified four postcode areas to focus on to try out ways of improving integrated working with children and young people, parents and carers and families.

For the south these are: LS10 4 and LS11 6, and for the east these are: LS8 3 and LS14 1. The improving access to services groups have helped develop locality service maps and two events where the local children's workforce can meet local service

providers, including the new outreach contraception clinics.

The work of the sex and relationship education group in the south has led to a locally targeted initiative to improve sex and relationships education for primary age pupils being commissioned. Training for Speakeasy facilitators from within the local children's workforce has also been commissioned to increase the capacity to deliver accredited courses for parents and carers around talking to your kids about sex and relationships.